Key Stage	4	HT1	HT2	НТ3	HT4	HT5	HT6
Pape	ent		sment released Feb for May/Ju		Component 2 delivery	internal marking & moderation Component 2 delivery	Component 2 delivery
YEAR 10	tills	Understand human growth and development across life stages and the factors that affect it A1 Human growth and	growth and development Learners will explore the different factors that can affect an individual's growth and development. Different factors will impact on different aspects of growth and development. • Physical factors • Lifestyle factors • Emotional factors • Cultural factors • Environmental factors • Economic factors	 be supported through changes caused by life events. People may react very differently to the same type of event. The character traits that influence how individuals cope The sources of support 	Understand the different types of health and social care services and barriers to accessing them A1 Healthcare services Learners will explore a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available.	Health services available A2 Social care services Learners will explore a range of social care needs and how these can be met by the social care services that are available. • Social care – help with day-to-day living because of illness, vulnerability or	 make it difficult to use these services and suggest how these barriers can be overcome. Definition of barriers: something unique to the health and social care system that prevents an individual to access a

		o later adulthood (65+ years): – physical:					
	Assessment	Assessment for Learning	Assessment for Learning	Assessment for Learning	Assessment for Learning	Assessment for Learning	Assessment for Learning
		Formal Assessment	Formal Assessment	Formal Assessment	Formal Assessment	Formal Assessment	Formal Assessment
		Quizzes & tests	Quizzes & tests	Mock PSA - full	Marking of PSA		
		Mock PSA questions	Mock PSA questions				
	Paper & content	Component 2 delivery (assessment released Oct)	Component 2 assessment & internal marking	Component 2 assessment & internal marking (moderation January)	Revision for Component 3	Component 3 assessment	
			Component 3 delivery	Component 3 Delivery			
[Key skills	Learning outcome B:	A Factors that affect	C Person-centred	Question-based revision.		
		Understand the skills,	health and wellbeing A1	approach to improving	Focus based on student		
		attributes and values	Factors affecting health	health and wellbeing C1	performance in full mock		
		required to give care B1	and wellbeing Learners	Person-centred approach	paper.		
		Skills and attributes in	will explore how factors	Learners will explore the			
		health and social care	can affect an individual's	use of the person-centred			
		Learners will explore the	health and wellbeing	approach in health and			
		skills and attributes that		social care settings. This			
		are required when		links to, and consolidates,			
		delivering care.	-	knowledge and			
		• Skills	understanding of human				
YEAR 11		 Attributes 	lifespan development	Component 2 on the skills,			
••		B2 Values in health and	including life events,	attributes and values that			
		social care Learners will	'	contribute to care.			
		explore the values that	Here, however, the focus				
		are required when		person-centred approach			
		planning and delivering	and wellbeing of	takes into account an			
		care.	individuals.	individual's			
		● The 6 Cs	 Definition of health and 				
			-	person-centred approach			
		B3 The obstacles	,	for individuals			
		individuals requiring care		 The benefits of a 			
		may face Learners will	0	person-centred approach			
		explore the personal	0	for health and social care			
		obstacles that	 Lifestyle factors that 	workers and services			
		individuals requiring and	-	C2 Recommendations			
		receiving care may face.		and actions to improve			

	• Definition of obstacles:	negative effects on	health and wellbeing		
	something personal to an	-	Learners will explore		
	• •	 Social factors that can 	recommendations and		
			actions that are aimed at		
		effects on health and	improving health and		
		wellbeing	wellbeing, alongside		
		 Cultural factors that 	support available for		
	 Potential obstacles and 		achieving this. This links		
	their impact on the	negative effects on	to, and consolidates,		
	individual	health and wellbeing:	knowledge and		
		• Economic factors that	understanding from		
	B4 The benefits to	can have positive or	Component 1 on sources		
	individuals of the skills,	negative effects on	and types of support, and		
	-	health and wellbeing:	Component 2 on health		
		 Environmental factors 	and social care services,		
			and also skills, attributes		
	explore how skills,	negative effects on	and values that contribute		
	attributes and values	health and wellbeing	to care.		
	benefit individuals when	• The impact on physical,	 Established 		
	receiving care.	intellectual, emotional	recommendations for		
		and social health and	helping to improve health		
		wellbeing of different	and wellbeing		
		types of life event	 Support available when 		
		B Interpreting health	following		
		indicators B1	recommendations to		
		Physiological indicators	improve health and		
		Learners will explore how	wellbeing Definition of 		
		physiological indicators	barriers: something		
		are used to measure	unique to the health and		
		health.	social care system that		
		 Interpretation of 	prevents an individual		
		physiological data	accessing a service.		
		according to published •	Potential barriers as		
		The potential significance			
		of abnormal readings	individual and the		
		B2 Lifestyle indicators	recommendation: o		
		Learners will explore	physical barriers o barriers		
		how lifestyle choices	to people with sensory		

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				disability o barriers to		
				people with different		
				social and cultural		
				backgrounds o barriers to		
			published guidelines	people that speak English		
				as an additional language		
				or those who have		
				language or speech		
				impairments o		
				geographical barriers o		
				resource barriers for		
				service provider o		
				financial barriers.		
				Definition of obstacles:		
				something personal to an		
				individual that blocks a		
				person moving forward or		
				when action is prevented		
				or made difficult.		
				 Potential obstacles as 		
				appropriate to the		
				individual and the		
				recommendation		
А	ssessment	Assessment for Learning	Assessment for Learning	Assessment for Learning	Assessment for Learning	
		Formal Assessment	_		Formal Assessment	
		Quizzes & tests	Quizzes & tests	Quizzes & tests	Mock exam questions and	
					papers	
		Mock exam questions		Mock exam questions & full		
				paper		