Key Stage 3		HT1	HT2	НТ3	HT4	HT5	HT6
YEAR 9	Key content & skills	HSC careers project; Step into NHS HSC – the basics component Life stages; students learn the life stage names and age ranges PIES; students learn the definitions of Physical, intellectual, emotional and social development Students can identify and describe expected PIES development in each life stage	specification) to include; diet, exercise, stress, economic and financial factors	HSC – the basics comp 2 Healthcare conditions; students understand the impact of the health conditions and how they can be managed - arthritis, CHD/CVA, T2 diabetes, obesity, respiratory conditions, additional needs	HSC – the basics comp 2 • H&SC services; students differentiate between health and social care services and can describe they can meet the needs of service users.	HSC – the basics comp 2 • Barriers to access	Physiological indicators; resting HR, HR recovery, BP, BMI The risks of high or low or 'out of normal range' indicators
		Life stages PIES development The ability to differentiate between types of growth and development.	balanced argument & identify risks and benefits of certain lifestyle choices	,	their initial introductory work on health and social care and PIES needs.	put themselves in the shoes of people who face barriers.	developed in maths and science to take measurements, readings and plot graphs
	Assessment	Assessment for Learning Formal Assessment	Assessment for Learning Formal Assessment	Assessment for Learning Formal Assessment	Assessment for Learning Formal Assessment	Assessment for Learning Formal Assessment	Assessment for Learning Formal Assessment
		Quizzes & tests Feedback in books		Quizzes & tests Mock PSA questions	Quizzes & tests Mock PSA questions Feedback in books	Quizzes & tests Mock PSA questions Feedback in books	Quizzes & tests Mock PSA questions Feedback in books